

Volunteerism

The C.A.R.E. Directory (Coordinating Area Resources Effectively) is a compilation of non-profit corporations, groups, organizations, services clubs, and service providers operating in Crow Wing County.

This reference manual is always accepting more information. If your organization fits into one of our headings, please call or email us with your information so we can keep our CARE directory up to date.

Brainerd Community Action
213 S. 5th Street
Brainerd, MN 56401
Office: 218.829.5278
E-mail:
holly@brainerdcommunityaction.org

4-H in Crow Wing County

CWC Extension Office
326 Laurel St.
Brainerd, MN 56401
Contact: 218-824-1065
Email: Mnnext-crowwing@umn.edu
www.extension.umn.edu/county/crowwing

For all youth grades K-12, regardless of where you live. Offers projects and activities for just about anything of interest. Also offers programs dealing with youth issues. Part of the University of Minnesota, so programs are based on University research about kids and learning. Clubs are located throughout Crow Wing County. 4-H is a family-oriented organization promoting "head, heart, hands and health", where parents are encouraged to be part of 4-H, too.

Adult Basic Education, (ABE) and GED Program

501 West College Drive
Brainerd, MN 56401
Contact: 218-855-8166 or 218-855-8165
Orla.kenton@isd181.org
blc.isd181.org

ABE is a refresher course in basic skills (reading, math, spelling, writing, computer and others). Each student works at their own level, with teacher in a one-to-one setting. ABE is offered throughout the year. Learners can start at any time. GED practice tests, preparation and testing to earn a high school equivalency diploma. GED test is offered monthly. US Citizenship class teaches skills needed to pass the US Citizenship test. Classes are provided at the Area Education Center by Brainerd School District 181. There is NO charge for lessons or books (there is a fee for the actual GED test). Call for an appointment

Alzheimer's & Memory Loss Family Support/Resources

14387 Edgewood Drive N
Baxter, MN 56425
Contact: 218-829-9238
Toll-Free: 1-888-221-5785

Support group meets monthly at Good Neighbor Home Care. Provides education and support for those who are caring for loved ones who have chronic conditions such as Alzheimer's, Dementia, stroke or other disabling conditions.

American Red Cross

Contact for disasters: 218-722-0071
Contact for general questions; 1-800-560-7641
Contact for service to armed: 877-272-7337
www.redcross.org

We aid in support for house fires and disasters. We have Service to Armed Forces: This will help bring home your family in the service if there is an emergency.

Educational courses: Babysitter's Training for ages 11-14; Infant and Child CPR; First Aid and Safety, CPR Certification and Refresher courses. Register online for courses scheduled in the community. Also available as a Full Service Contract (our trainers at your location) and Authorized Providers (we train your staff to serve as instructors). Contact: Health & Safety Coordinator

Animal Shelter - Heartland Animal Rescue Team (HART)

15494 Dellwood Drive
Brainerd, MN 56401
Contact: 218-829-4141

Promote animal welfare through education, cruelty investigation, and animal adoption. Hours: Open Tuesday – Saturday 11 am – 5 pm; Sunday – 11 am to 2 pm – Closed Monday

BAY Ministries

1014 Laurel St #102

PO Box 1131
Brainerd, MN 56401
Contact: 218-825-9149
Brainerdyfc.com
dale@bayministries.org

Full, part time and volunteer youth leaders who meet the first Tuesday of each month, September to May. Meetings take place at the Light House on Norwood, in Brainerd, from 11:30 AM to 1:30 PM. Group plans and holds cooperative youth ministry events including rally's and concerts. BAY works with the school district in counseling students during times of crisis.

Bethany Good Samaritan Village

804 Wright Street
Brainerd, MN 56401
Contact: 218-829-1407
www.good-sam.com

A non-profit Christian nursing home, Medicare and Medicaid certified, contracted with the V.A. 24-hour nursing care; physical, occupational and speech therapy; activity programming; social services; pastoral care; barber and beauty shop. Includes a unit for Alzheimer's Disease, a sub-acute unit, a residential memory care facility and a congregate assisted living facility. Inpatient and outpatient therapy services. Private rooms for short-term rehabilitation stays.

Birthright

701 W. Laurel St., Suite B
Brainerd, MN 56401
Contact: 218-829-8470
Toll-Free: 1-800-550-4900

Emotional and practical support for persons whose pregnancy might be a problem. Free pregnancy tests, clothing, housing, transportation and information. Confidential. Call office for information.

Boy Scouts of America- Pine Tree District

Brainerd, MN 56401
Contact: DJ 218-821-8926

Instills values and character in young people and prepares them to make ethical choices. Programs: Cub Scouts, Boy Scouts, Venturing, Exploring, Learning for Life, Leader Training.

Brainerd Community Action

213 South 5th St
Brainerd, MN 56401
Contact: Holly Holm, 218-829-5278
Email: holly@brainerdcommunityaction.org
www.brainerdcommunityaction.org

A non-profit whose main focus is to listen to the needs of the community, prioritize those needs and then help the group or organization fulfill those needs. We assist groups and organizations with board development, articles of incorporation and bylaws, and the 501(c)3 application. We also focus on a wide variety of community events. We could use volunteers in a casual office setting, or with any of the community events. Events include St. Patrick's Day, Flag Day, Arts in the Park, 4th of July, History Week, Homecoming, Community Day.

Brainerd Family History Center

101 Buffalo Hills Lane
Brainerd, MN 56401
Contact: 218-829-9054

Branch of the Salt Lake City Family History Library. Open to public at no charge. Librarian can assist you in your research. Many resources available, including local. Open Tues. 9 am to 5:30 pm and Wed. 6:30 - 8:30 pm. Need volunteers to help others with research.

Brainerd Public Library

416 South 5th Street
Brainerd, MN 56401
Contact: Branch Manager: Jolene B, 218-829-5574
brainerd@krls.org
www.krls.org

Visit the library for books, magazines, large print materials, books on cassette or CD, videos and DVD's, plus a lot more! The library staff is happy to assist you with reference questions and other informational needs. The library has six computers available for internet use, word processing and research. Be sure to take a look at the ELM databases which provide access to hundreds of full-text magazine articles! The library also provides meeting rooms, photocopies, story hours, adult and teen books clubs, authors & speakers of interest, summer children and teen reading programs, an adult winter reading program and much more. The library has something for everyone. We are now

proud to be a network location for the Foundation Center's Cooperating Collection, which is a group of print and electronic resources that provide valuable information to assist non-profit organizations in securing grant funds. The collection is available for use during library hours, at no charge. Training sessions to assist organizations in utilizing the collection are offered throughout the year.

Breath of Life Adult Day Service

200 Buffalo Hills Lane E
Brainerd, MN 56401
Contact: 218-822-3296
E-mail: bolads@brainerd.net
www.bolads.org

Breath of Life Adult Day Service is in the heart of Brainerd, Minnesota. Established in 2001 as a non-profit organization, we provide an encouraging, caring, Christian atmosphere for senior dependent loved ones. It is a place for them to socialize with peers in a stimulating environment, helping the caregiver to maintain their own physical and emotional well being. The program includes daily activities, health monitoring, medication administration, assistance with personal care, nutritious meals and snacks, individualized care plans, companionship and socialization. Our hours of operation are Monday through Friday from 7:30 am through 5 pm. We accept private pay or financial assistance that may be available through long term care insurance, Veterans Administration, community service contracts or Minnesota wavered programs.

Confidence Learning Center, (Camp Confidence)

6260 Mary Fawcett Memorial Drive
East Gull Lake, MN 56401
Contact: 218-828-2344
info@campconfidence.com
www.campconfidence.com

To provide a year-round outdoor education and recreation center for persons of all ages with developmental and cognitive disabilities.

To enhance the ability and self – confidence of people of all ages with developmental and cognitive disabilities.

To provide opportunities with the deaf and hard of hearing community for language and cultural expansion, support and education.

To educate through “hands on” outdoor and recreational experiences while meeting individual’s needs.

To facilitate exceptional learning experiences for families, direct care staff and professionals in the

field of developmental and cognitive disabilities. We have many different programs and services, please check out our website for more details.

Citizens Police Academy

PO Box 911
Brainerd, MN 56401
Contact: 218-829-2805

The academy meets from 6:30-9 pm starting March 20 and ending April 24. Applications and academy information can be picked up at the Brainerd Police Department, 225 East River Road. A background check is required for admittance to the academy.

For volunteers whose mission is to help the community learn more about and help law enforcement. Training begins each January. Projects "Kids Christmas Shopping" and "Kids Count, Too" picnic. Also help with security at local events.

Civil Air Patrol- CAP

16142 Airport Road
Brainerd, MN 56401
Contact: 218-831-3197

Meets Monday evenings at 7 pm at the Civil Air Patrol Building, Brainerd Lakes Regional Airport. The composite squadron serves both cadets (youth ages 11-21) and senior members (adults) with 3 missions: aerospace education, cadet program and emergency services. Contact: Squadron Commander Major Marcel Kobberdahl 218-534-5418

Common Goods

Baxter store: 16227 State Hwy 371
Crosslake store: 35562 Co Rd 66
Hours: Mon-Sat 10:00 am – 6:00 pm
Phone: 218.824.0923 (Baxter)
218.692.7682 (Crosslake)

Email: danell@commongoodsmn.org (Baxter)
andrea@commongoodsmn.org (Crosslake)
Website: <http://commongoodsmn.org>

Common Goods is a hip, trendy thrift store with a unique boutique feel and is owned & operated by Bridges of Hope. Common Goods offers high-quality goods at reasonable prices; including clothing, fashion accessories, casual and one-of-a-kind home furnishings, and unique furniture pieces. The goal is to have a major impact on the number of products leaving our area and entering landfills; instead, goods are recycled and redistributed within the community, extending their use. As a result, local donations stay local and proceeds from the store serve local families in need: profits from the store support the work of Bridges of Hope in the community. Donations and volunteers welcome; call for current opportunities.

Community Education - Brainerd ISD #181

804 Oak St.

Brainerd, MN 56401

Contact: 218-454-6924

Broad range of educational opportunities for community members of all ages. 4 sessions. Two adult sessions are available. Sign up in September and February. Summer programs are available for children, grades K-12 Please call for information.

Director: Cori Reynolds

Community Education of ISD #182- Crosby

711 Poplar Street

Crosby, MN 56441

Contact: 218-545-8822

dsova@ci.k12.mn.us

Committed to lifelong learning! Early Childhood/School Readiness, Adult Education, Snack Attack-student run business and a variety of adult education programs are available.

Community Education of ISD #186- Pequot Lakes

30805 Olson St.

Pequot Lakes, MN 56472

Contact: 218-568-4996

Located in the Lakes Area Family Center. Programs include: Adult education classes published three times during the school year, Kid Konnection, Greater Lakes Area Performing Arts, and computer access for the community in the Eclipse Teen Center. Director Richard Mark

Crisis Line and Referral Service

14385 Edgewood Drive

Baxter, MN 56425

Contact: 218-828-HELP(4357)

Toll-Free: 1-800-462-5525

Hotline providing free, non-judgmental help 24-hours a day. Trained volunteers provide crisis intervention assistance, help to individuals in a suicide situation, a listening ear for those stressful times, as well as information about appropriate area resources and support groups. Volunteer training is offered on an on-going basis. Anyone interested in volunteering is invited to call 218-828-4515.

Crossing Arts Alliance

711 Laurel Street

Brainerd, MN 56401

Contact: 218-833-0416

www.crossingarts.org

info@crossingarts.org

Our mission is to promote and enhance arts opportunities in the Central Lakes Area through facilities partnering and programing.

Crossing Office, Gift Shop, and Gallery Tuesday-Saturday 10 am-4 pm, 2nd Saturday 10 am-2 pm or by appointment. Please check out our website for more information.

Crow Wing County Historical Society: Museum and Library

PO Box 722

326 Laurel Street

Brainerd, MN 56401

Contact: 218-829-3268

history@crowwing.us

Since 1927, the Historical Society has been collecting and preserving the history of Crow Wing County. The Society manages and operates the county Museum housed in the old county jail and Sheriff's residence. The museum has exhibits on the history of the county from its early pioneer life to the logging railroad, mining and resort business open year round – Tuesday-Saturday 10am-3pm. We ask a donation of \$3.00 per adult

Crow Wing County Victim Services, Inc.

309 W Washington Street

Brainerd, MN 56401

Contact: 218-828-9518

Crimevictimservices.net

info@crimevictimservices.net

Victim Services is dedicated to provide victims of crime in Crow Wing County with the assistance and services necessary to speed their recovery from criminal act and to support and aid them as they move through the criminal justice process. Who is a Crime Victim – any innocent person who suffers loss, harm or trauma when someone else breaks the law example: Theft, Robbery, Non-Domestic assault, Harassment, Vandalism, Burglary, Homice, Arson. Please check out our website for more information. Limited emergency funds to assist crime victims.

Cuyuna Regional Medical Center - Outreach Educ. Dept.

320 East Main Street

Crosby, MN 56441

Contact: 218-546-7000

Cuyuna Regional Medical Center's Outreach Education Department is a resource for the community, small businesses and industry, as well as health care providers. Course offerings include: American Heart Association CPR at all levels, First Aid, First Responder and refresher, EMT and refreshers, paramedic refresher and Safe Sitter.

Dorcas Community Services

2910 E. Oak Street

Brainerd, MN 56401

Contact: 218-828-2811

Store hours: Monday/Thursday 11:00-4:00

Helps anyone in need (fire victims, families, others) with clothing and bedding.

Early Childhood Family Education

311 10th Avenue NE

Brainerd, MN 56401

Contact: 218-454-5430

Provides a time of learning and playing for parents and their children, a "Parent Topic" time, and an "Adult Basic Education" lesson. A collaborative effort between ABE, ECFE, and Headstart.

Fare For All

Light of the Lakes UMC

21502 Semler road Deerwood, MN 56444

Contact: 218-546-6523

1-800-582-4291

Monthly food package of meats, fruits, vegetables and staple items. Price: \$21.00. No eligibility requirements. Pick up the 1st Wednesday of the month. You must register before the pick up day

Foster Grandparent Program- LSS

PO Box 254

Brainerd, MN 56401

Contact: 218-828-2354

Toll-Free: 1-877-612-6243

marcia.ferris@lssmn.org

Foster Grandparents create and build relationships which nurture special and/or exceptional needs children under the age of 21 in schools, head starts and shelters. Seniors age 55+ receive a stipend, transportation and meal reimbursement for volunteering 10-20 hours per week. National Senior Service Corps.

Friends of the Brainerd Public Library

416 South 5th Street

Brainerd, MN 56401

Contact: Dawn Stattine, 218-829-5574

A volunteer association that works with the staff and board of Brainerd Public Library to encourage the use of the library's resources and services through publicity and participation in library activities and programming. Friends sponsor a used book sale and "brown bag lunch" summer speaker series. Meets 6:30 pm first Thursday of the month at library. Meetings are open to anyone interested.

Grace House

P.O. Box 759

Pequot Lakes, MN 56472

Contact: 218-828-9505

Transitional safe housing for women and children for one month or longer, if needed

Greater Lakes Area Performing Arts

30805 Olson Street

Pequot Lakes, MN 56472

Contact: Rich Spticzka 218-568-9200

www.glapa.info

Group presenting professional and community programs in the Pequot Lakes Theater.

Home Health Care/Hospice – Essentia Health-St. Joseph's Medical Clinic

523 N. 3rd Street

Brainerd, MN 56401

Contact: 218-828-7444

www.sjmcmn.org

Home health care provided by nurses, therapists, social worker, aides and volunteers, based on individual patient needs. All care is directed by your physician and coordinated by our primary nurse or therapist.

Hospice - CRMC, HomeHealth Partnership

320 East Main Street

Crosby, MN 56441

Toll-Free: 1-800-698-2311

www.cuyunamed.org

A HomeHealth Partnership Home Care Service. Hospice is a special way of caring for terminally ill people and their families in-home that stresses comfort, dignity and peace of the dying person.

Hospital Auxiliary – Essentia Health- volunteer services

523 North 3rd Street

Brainerd, MN 56401

Contact: Sara Dunlap or Deb Anderson, 218-828-7610

Formed in 1955. Raises funds in the Gift Shop and at various fundraisers to purchase special equipment for patients of educational purposes. Over 200 members. Call for information.

Independent School District #181- Brainerd

311 10th Ave NE

Brainerd, MN 56401

Contact 218-454-6900

info@isd181.org

Independent School District #182- Crosby

711 Poplar St.
Crosby, MN 56441
Contact: 218-545-8800 Ext. 8801

Independent School District #186- Pequot Lakes

30805 Olson St.
Pequot Lakes, MN 56472
Contact: 218-568-4996

Independent School District # 2174- Pine River/Backus

810 1st street N
P.O. Box 610
Pine River, MN 56474
Contact: 218-587-4425

Initiative Foundation

405 1st Street SE
Little Falls, MN 56345
Contact: 1-877-632-9255
Fax: 320-632-9255
www.ifound.org

The mission of the Initiative Foundation is to unlock the potential of the people of Central Minnesota to build and sustain healthy communities. We do this by providing grants to non-profits, loans to small businesses, leadership training and donor services that help to strengthen communities and families in the 14 counties of central Minnesota.

Hallet Library

101 1st Street SE
Crosby, MN 56441
Contact: 218-546-8005
www.hallettlibrary.org

Fall/Winter Hours: Mon & Wed- 10-6; Tues & Thrs 10 - 8 PM; Fri & Sat 10 - 2 PM; Summer Hours: Mon-Wed-Fri 10-6; Tues-Thurs 10-8; Closed Sat/Sun/Holidays

Items for checkout include books, audiobooks, CDs, DVD's, magazines, and pamphlets. Reference assistance, meeting rooms, story hours for pre-school children. Available is teen area, 7 internet computers, wireless access, tax help, summer reading program for elementary Students in July. Head Librarian: Peggi Beseres

Kinship Partners

P.O. Box 642
804 Oak Street
Brainerd, MN 56401
Contact: David D 218-829-4606
davidd@kinshippartners.org
Kinship Partners, Inc. serves Crow Wing County,

Sothern Cass County and most of Todd and Wadena Counties and has existed since 1986 and is the largest Kinship program in the greater Minnesota. Our mentoring program is at the center of our organization. We believe that all kids deserve a positive relationship with a caring adult. Through those relationships we increase children's developmental assets such as social skills and self-esteem while offering new experiences and opportunities to them. Kinship Partners focuses on matching children ages 5 to 14 with positive adult influences. Mentors can be individuals, couples, or families. Please call for more information.

Kinship Partners, Inc., Brainerd

804 Oak Street Suite 201 - PO Box 642
Brainerd, MN 56401
Contact: 218-829-4606
1-877-730-5437
www.kinshippartners.org
info@kinshippartners.org

Kinship Partners, Inc., Pequot Lakes

4325 W. Woodman St.
PO Box 754
Pequot Lakes, MN 56472
Contact: 218-454-8016
Toll-free: 1-877-730-5437
lakes@kinshippartners.org
www.kinshippartners.org

Kinship Partners, Inc., Crosby

15 - 3rd Ave SW - P.O. Box 32
Crosby, MN 56442
218-545-8002
crosby@kinshippartners.org

Kiwanis Club of Brainerd

P.O. Box 70
Brainerd, MN 56401
Contact: rabbitlake77@gmail.com
Brainerdkiwanisclub.org

Provides a practical means of forming friendships and building better communities. Focus on youth. Sponsor youth programs financially and through volunteerism. Meet Mondays at Noon at Trinity Lutheran Church - south 6th street

Lakes Area Chaplaincy Program

P.O. Box 948
Brainerd, MN 56401
Contact: 218-851-4563

Davidgreaver@midwestchaplains.org

Offer counseling and emotional help in times of crises. Help answer spiritual questions during difficult times. Provide support to inmates in the county jail as well as training and education. Offer help in domestic situations. Death notifications, major accidents, critical incident debriefings. Also collaborates with fire departments and First Responders.

Lakes Area Habitat for Humanity

P.O. Box 234
Brainerd, MN 56401
Contact: 218-828-8517

1110 Wright Street Brainerd, MN 56401 - Restore:
218-454-8517

www.lakesareahabitat.org

Provide homes for low income families. Renovate or build and sell homes to families who are unable to qualify for affordable conventional loans and are currently living in inadequate rental housing. Volunteers needed to help.

Lakes Area Interfaith Caregivers

P.O. Box 654
Pequot Lakes, MN 56472
Contact: Tim McCarthy or Lisa, 218-820-7454
Toll-Free: 1-877-245-7454

Nonprofit organization providing volunteers to meet unmet needs in the areas of transportation, home visits, homemaking, chore/repairs, and respite care for people in need throughout Crow Wing County.

Lakes Area Law Enforcement Association

PO Box 911
Brainerd, MN 56401
Contact: Herman Bradley 218-828-3774

www.ci.brainerd.mn.us/police/community/lalea.htm
Volunteers from Citizens Police Academy and law enforcement officers whose mission is to build a positive & mutually long term relationship between law enforcement and citizens. Projects- "Kids Christmas Shopping" and Kids County Fair (in law enforcement building).

Lakes Area Restorative Justice

424 3rd Street NW
Brainerd, MN 56401
Contact: Doris Krueger
executivedirector.larjp@gmail.com
218-454-4145

Website: <https://www.lakesarearestorativejustice.org/>
The core program of LARJP is Restorative Group

Conferencing (RGC). RGC provides a forum for juvenile wrongdoers and their families, those victimized by the harm, and their supporters to meet in a safe and respectful environment to discuss the incident. LARJP gets case referrals from the County Attorney's office and 6 county Police Departments as well as the schools in Crow Wing County. Our program currently serves on average 40-50 cases per year.

The Center

803 Kingwood St.
Brainerd, MN 56401
Contact: 218-829-9345

lakesareasenioractivitycenter@yahoo.com

To have a Center which is a community focal point on aging; a place where mature citizens can meet and participate in activities, classes, programs and services which will support their independence, and enhance their dignity and quality of life.

March of Dimes

8000 W 78th Street Suite 330
Edina, MN 55439
Contact: 952-835-3033

MN631@marchofdimes.org
www.marchofdimes.com.org

Sponsors research on saving infants from birth defects. Walk America sponsor. Call for information

Minnesota AIDS Project—Twin Cities

2577 Territorial Road
St. Paul, MN 55114
Contact: 612-341-2060
Toll-Free: 1-800-243-4057

www.mnaidsproject.org

administration1@mnaidsproject.org

HIV/AIDS prevention education. Case management services for individuals living with HIV/AIDS.

Mothers Against Drunk Driving, (MADD)- CWC Chapter

601 NW 5th Street Ste. 2
P.O. Box 267
Brainerd, MN 56401
Contact: 218-828-5055 (24-hour answering machine)
Nationwide Hotline: 1-877-MADD-HELP

MADD's mission is to stop drunk driving, to support the victims of this violent crime, and to prevent under-age drinking. Trained victim advocates available to assist victims through the court process. Meetings on the 2nd Tuesday of each month (except July and August) at 7 pm at the Old Trail Bldg., 601 NW 5th St., behind the Brainerd Dispatch Bldg.

Mounted Eagles Therapeutic Horsemanship –c/o Spirit Horse Center

8386 50th Ave Brainerd, MN 56401
Mailing address: P.O. Box 566 Nisswa, MN 56468
Contact: 218-454-3228
1-888-828-9920
info@mountedeagles.org
www.mountedeagles.org

Mounted Eagles is a Professional Association of Therapeutic Horsemanship International (PATH Intl.) Accredited program that provides therapeutic horsemanship and equine assisted activities for individuals who face physical, mental, social, and/or challenges.

Our Mission Statement: Mounted Eagles enhances the lives of program participants, volunteers and the community by providing a safe and enjoyable environment where individuals with special needs benefit from therapeutic, developmental and educational equine-assisted activities.

Volunteers needed to assist in leading, side walking, grooming, tacking, cooling down and cleaning tack, etc. Come and join the fun.

North Ambulance

210 NW 5th St.
Brainerd, MN 56401
Contact: 218-829-8767 (office)
Also covers Crosslake area. Can give referral by area to First Responder organization.

Northland Arboretum

14250 Conservation Dr.
Brainerd, MN 56401
Contact: 218-829-8770
Northlandarb.org
Northland Arboretum is a 501c3 non-profit organization dedicated to getting the community involved in and aware of nature. We have a wide, beautiful area for you and your family to explore. Have a peaceful walk on our nature trails, or take your mountain bike for a ride. Winter time? We've got that covered too! You can cross country ski on our spectacular groomed snow covered trails. Snowshoe or winter hike on non-groomed trails.

Outdoor Volunteers – Helping with Garden Maintenance
Indoor Volunteers – Help with weekly watering/trimming of plants and Gift Shop tidying-up

Reach for Recovery

523 North 3rd St.
Brainerd, MN 56401
Contact: 218-828-7610

Assist and support in recovery of mastectomy patients. Emotional support, exercise demonstrations, temporary prosthesis, assistance in purchasing and personal care tips. Patients must be referred by physician. Follow-up phone calls and visits upon request. Sponsored by the American Cancer Society.

Right Friends

11675 Five Mile Rd
Brainerd, MN 56401
Contact: 218-829-0332

A group for disabled persons that has an activity night the 4th Thursday of each month except Nov. and Dec. Socially, community, and spiritually oriented.

Rural Renewable Energy Alliance-RREA

3963 8th St. SW
Backus, MN 56435
Contact: 218-947-3779
info@rreal.org
www.rreal.org

Non-profit dedicated to making renewable energy accessible to all. Designs, builds, and installs systems onto low income households free to help families weather energy crises and help society shift away from fossil fuels. Also provides adult and youth volunteer programs.

Senior Companion Program - LSS

PO Box 254
Brainerd, MN 56401
Contact: 218-839-6650
Toll-Free: 1-877-612-6243

This program relies on seniors, 55 years and older, provide one-on-one support and visitation to homebound elderly at risk of nursing home placement, and one-on-one support and mentoring to children and youth in schools, shelters and Headstart programs. Volunteers are provided with financial reimbursement for transportation, meals and other expenses.

Sexual Assault Services, Inc.

324 Sth 5th street
Brainerd, MN 56401
Contact: 218-828-0494
Toll-Free: 1-888-458-0494

Crisis intervention, legal, court and medical advocacy, & support counseling for survivors of sexual violence and their loved ones. Information and referral to mental health professionals,

community education and professional training. Trained speakers for youth groups and young children's presentations. SAS also maintains a speaker's bureau on topics of sexual violence and related topics. ADVOCATES ON CALL 24-HOURS.

Sharing Bread Soup Kitchen

923 Oak St.
Brainerd, MN 56401
Contact: 218-829-4203
pastorbob@sharingbread.com
www.sharingbread.com

Serves from 5:30 - to 6 pm Monday through Saturday. Call about holidays. Volunteers prepare and serve meals.

Southeast Brainerd Residents' Association (SEBRA)

P.O. Box 1082
Brainerd, MN 56401
Contact: 218-828-3743(Cheryl)

Grassroots neighborhood group for persons who live, work or have rental units south & east of downtown Brainerd. Promote Neighborhood Watch & Safe House programs. Mission is to get to know neighbors & make southeast Brainerd safe, friendly and a better place to live and work

Special Olympics Minnesota

900 2nd Ave S ste 300
Minneapolis, MN 55402
Contact: 1-612-333-0999 toll free: 800-783-7732
www.specialolympicsminnesota.org
info@somn.org

Region 5 organization covering all Crow Wing, Cass, Morrison, Aitkin, Todd & Wadena counties. Year-round sports competition & training, 24 sports.

St. Gabriel's Hospital

815 SE 2nd Street
Little Falls, MN 56345
Contact: 320-632-5441
www.chistgabriels.com

A not-for-profit community hospital offering a broad range of inpatient and outpatient services.

Timber Bay

704 Norwood Street
Brainerd, MN 56401
Contact: John Ring, 218-831-2208
www.timberbay.org

Relational outreach to at-risk youth in grades 6-12. Weekly groups during the school year and camps year-round. Special summer outings.

United Way of Crow Wing County

424 South 8th street/PO Box 381
Brainerd, MN 56401
Contact: Jennifer Smith - 218-829-2619
www.unitedwaynow.org
jennifer@unitedwaynow.org

To improve lives by mobilizing the caring power of our community.

Unity Family Home Care & Hospice 815 2nd street SE

Little Falls, MN 56345
Contact: 320-631-5575

A full-service home care and hospice organization offering skilled nursing, home health aide and hospice services. Hours: 8 am to 4:30 pm.

Women's Center of Mid-Minnesota

P.O. Box 602
Brainerd, MN 56401
Contact: 24-hour crisis lines-218-828-1216
Toll-Free: 1-888-777-1248
info@womenscenteronline.org

24-hour crisis line, emergency housing, support, and court support We provide services to men, women & their children; support groups; speakers available; consultation and training; volunteer opportunities.

Woodland Good Samaritan Village

100 Buffalo Hills Lane
Brainerd, MN 56401
Contact: 218-829-1429

A licensed, skilled-care 80 bed long term care facility. Services include physical and occupational therapy, 24-hour skilled nursing, full activities program, beauty shop, private and semi-private rooms, chapel facilities and social services.

YMCA

602 Oak St.
Brainerd, MN 56401
Contact: 218-829-4767
Brainerdlakesymca.org

Provides youth, family and adult programs including swimming lessons, recreation leagues, family nights, teen dances, special events. Facility includes pool, gym, cybex & free weight center, racquetball court, family/special needs showers, youth center, wellness center, licensed childcare. Free babysitting for family and single parent members. Day passes available.