

# Support & Advocacy

The C.A.R.E. Directory (Coordinating Area Resources Effectively) is a compilation of non-profit corporations, groups, organizations, services clubs, and service providers operating in Crow Wing County.

This reference manual is always accepting more information. If your organization fits into one of our headings, please call or email us with your information so we can keep our CARE directory up to date.

**Brainerd Community Action**  
213 S. 5th Street  
Brainerd, MN 56401  
**Office:** 218.829.5278  
**E-mail:**  
holly@brainerdcommunityaction.org

## **Alex & Brandon Child Safety Center**

PO Box 602 2602 Oak Street  
Brainerd, MN 56401  
Contact: 218-828-0022  
Linnea.a@womenscenteronline.org  
Midminwomanscenter.blogspot.com

Provides court-ordered and non court ordered supervised visitation for children and safe exchange of children with non-custodial parents and grandparents. Please call for more information.

## **Bridges of Hope**

PO Box 742  
Brainerd, MN 56401  
Mon-Fri 8:30-4:30  
Phone: 218.825.7682  
Email: [info@bridgesofhopemn.org](mailto:info@bridgesofhopemn.org)  
Website: <http://bridgesofhopemn.org>

Bridges of Hope provides connections to community resources, bridging the sometimes-confusing gap between people and the existing programs or resources available in our community. In addition to resource connection services, Respite & Crisis Nursery Childcare is available, depending on eligibility & openings. Offers long-term mentoring program for women who want to leave the cycle of poverty. Serves all of Crow Wing County and the bordering communities. Operates two Common Goods thrift stores in Baxter and Crosslake.

## **Outreach Garage**

P.O. Box 2564  
Baxter, MN 56425  
Contact: (218) 232-0117  
lrgpm@q.com  
<https://outreachgarage.org/>

It is our mission that the Outreach Garage will provide a SAFE environment for people in recovery to work their program through hands on activities.

Outreach Garage was created to provide a SAFE place for people in recovery and the opportunity to work with their hands. It creates a space for people fighting addiction to network and become involved with the community. Outreach Garage will also serve as a meeting place for community volunteers to lead activities to assist those in recovery.

## **Remnica House**

111 Second St NW/P.O. Box 152  
Aitkin, MN 56431  
Contact: 218-927-2238  
[remnicahse@charterinternet.com](mailto:remnicahse@charterinternet.com)

Provides court ordered and non-court ordered supervised visitation for parents and grandparents. Please call for more information.

**Central Minnesota Regional Navigator/Safe Harbor/Saving Grace**

716 E Street  
Brainerd, Mn 56401  
Contact: 218-824-3784 / 218-821-0943  
24hour hotline: 1-866-824-3370  
lssmn.org  
[SavingGrace@lssmn.org](mailto:SavingGrace@lssmn.org)

Visit the Saving Grace Facebook Page

Saving Grace is a specialized foster care program for sex trafficked youth. LSS Saving Grace provides youth under 18 with safe housing, helps them shape an individualized safety and life plan, and provides basic needs to help find safe shelter and rebuild their lives, as well as prevent other youth from falling prey to human traffickers. At Saving Grace, you will find safe shelter, individualized plan, food, clothing, counseling support, chemical dependency assistance, health services, job search assistance, school goals, links to community resources and an after plan.

The Central Minnesota Regional Navigator is part of a statewide initiative called Safe Harbor to help sexually-exploited youth rebuild their lives.

Through the help of the Regional Navigator, youth are connected to housing, mental health, employment, basic needs, caring adults, legal services, advocacy, health care and other community resources.

The Regional Navigator also provides training and presentations to community groups to help identify youth involved in sex trafficking and connect them to services they need, and offers monthly, community meetings for youth service providers, law enforcement and other professionals to foster education and collaboration.

**Crisis Line and Referral Service**

P.O. Box 192  
Brainerd, MN 56401  
Contact: 218-828-HELP(4357)  
Toll-Free: 1-800-462-5525

Hotline providing free, non-judgmental help 24-hours a day. Trained volunteers provide crisis intervention assistance, help to individuals in a suicide situation, a listening ear for those stressful times, as well as information about appropriate area resources and support groups. Volunteer training is offered on an on-going basis. Anyone interested in volunteering is invited to call 218-828-4515.

**T'ai Chi - Hegstad, Dan**

520 3<sup>rd</sup> Ave NE  
Brainerd, MN 56401  
Contact: 218-851-5900  
[dan@danhegstad.com](mailto:dan@danhegstad.com)  
[www.danhegstad.com](http://www.danhegstad.com)

T'ai Chi (stress management), Success and Sanity (attitude), public speaking.

**H.U.G.S. Grief Support Group (Hope & Understanding for Grief Stricken Families)**

222 2<sup>nd</sup> St. NW  
Crosby, MN 56441  
Contact: 218-546-5863

Meets at 6 pm the first and third Tuesday of the month with trained support facilitators to help those suffering losses to share and process their grief. Reading materials, speakers and social interaction, too.

**Lakes Area Interfaith Caregivers**

P.O. Box 654  
Pequot Lakes, MN 56472  
Contact: 218-820-7454  
Toll-Free: 1-877-245-7454

Nonprofit organization providing volunteers to meet unmet needs in the areas of transportation, home visits, homemaking, chore/repairs, and respite care for people in need throughout Crow Wing County.

**Legal Aid Service of Northeastern Minnesota**

324 S 5<sup>th</sup> street Suite A  
Brainerd, MN 56425  
Contact: 218-829-1701  
Toll-Free: 1-800-933-1112 (clients)  
[www.lasnem.org](http://www.lasnem.org)

Legal service and representation in the areas of divorce, custody, domestic abuse, landlord/tenant and other housing problems, Medicare and Medicaid, collection and consumer problems, garnishment defenses, denial of public benefits, and unemployment compensation appeals. Will also provide education on: MN Landlord/Tenant Law, MN family law, public benefits, & senior's issues. Speakers available.

**Minnesota AIDS Project—Twin Cities**

2577 Territorial Road  
St. Paul, MN 55114  
Contact: 612-341-2060  
Toll-Free: 1-800-243-4057  
[www.mnaidsproject.org](http://www.mnaidsproject.org)  
[info@mnaidsproject.org](mailto:info@mnaidsproject.org)

HIV/AIDS prevention education. Case management services for individuals living with HIV/AIDS.

**Mothers Against Drunk Driving, (MADD)- CWC Chapter**

601 NW 5<sup>th</sup> Street Ste. 2 P.O. Box 267  
Brainerd, MN 56401  
Contact: 218-828-5055 (24-hour answering machine)  
Nationwide Hotline: 1-877-MADD-HELP

MADD's mission is to stop drunk driving, to support the victims of this violent crime, and to prevent under-age drinking. Trained victim advocates available to assist victims through the court process. Meetings on the 2nd Tuesday of each month (except July and August) at 7 pm at the Old Trail Bldg., 601 NW 5th St., behind the Brainerd Dispatch Bldg.

**New Pathways**

714 S 6<sup>th</sup> Street  
Brainerd, MN 56401  
Contact: 218-454-0460  
Cambridge Office: 763-691-0121

New Pathways serves homeless adults with children by providing sleeping accommodations, three meals a day, case management, skills training and a safe environment. During the day the families go to work, school, or to one of our family day centers where the families work on their plan to get back into their own home. New Pathways provides all the basic needs for each family, such as: Telephone, Computers with internet access, laundry facilities, personal care items, shower room, transportation, and advocacy. Both sites have case managers and skills trainer on staff to advocate and give each family the opportunity to learn skills including: Budgeting, Parenting, job hunting, healthy living, and rent wise. During the evenings, and overnight, area churches and their volunteers provide: Private sleeping accommodations, meals, and hospitality. When our families secure housing, they are given the opportunity to access many of our resources for up to 6 months

**Northern Pines Mental Health Center**

520 5th St NW  
Brainerd, MN 56401  
Contact: 218-829-3235  
Toll-Free: 1-800-566-3235  
[www.npmh.org](http://www.npmh.org)

Provides broad-spectrum mental health services, including outpatient counseling, psychiatry and medication management, psychological testing, day treatment, in-home services, emergency intervention, EAP services, and public education/prevention programs. Serves all persons in need of our services, regardless of the client's ability to pay.

**Pacer Center - Parent Advocacy Coalition for Educational Rights**

8161 Normandale Blvd.  
Bloomington, MN 55437  
Contact: 888-248-0822 (fax), 952-838-0199  
Toll-Free: 1-800-537-2237  
[pacer@pacer.org](mailto:pacer@pacer.org)  
[www.pacer.org](http://www.pacer.org)

Mission is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents. Offers workshops, newsletter, special equipment & software, lending library, legislative info., help with juvenile justice, transition issues and parent advocates.

**Region 5 Health Insurance**

403 Prairie Ave. NE Suite 100  
Staples, MN 56479  
Contact: 218-894-3233 ext. 10  
[info@regionfive.org](mailto:info@regionfive.org)

Trained volunteers will assist Medicare beneficiaries with medical claims, billings, appeals or applications for state and federal programs. Also skilled in supplemental and long-term care insurance questions, prescription drug programs, etc.

**Shriner's Hospital for Children**

P.O. Box 287  
Brainerd, MN 56401  
Contact: 218-828-9438

Free medical treatment for handicapped or burned children to age 18. Includes certain transportation, parent housing and education.

**Sexual Assault Services**

324 Sth 5<sup>th</sup> street  
Brainerd, MN 56401  
Contact: 218-828-0494  
Toll-Free: 1-888-458-0494

Crisis intervention, legal, court and medical advocacy, & support counseling for survivors of sexual violence and their loved ones. Information and referral to mental health professionals, community education and professional training. Trained speakers for youth groups and young children's presentations. SAS also maintains a speaker's bureau on topics of sexual violence and related topics. **ADVOCATES ON CALL 24-HOURS.**

**Women's Center of Mid-Minnesota**

P.O. Box 602

Brainerd, MN 56401

Contact: 24-hour crisis lines-218-828-1216

Toll-Free: 1-888-777-1248

[info@womenscenteronline.org](mailto:info@womenscenteronline.org)

24-hour crisis line; emergency housing, support, and court support. We provide services to men, women & their children; support groups; speakers available; consultation and training; volunteer opportunities.