

# Senior Services

The C.A.R.E. Directory (Coordinating Area Resources Effectively) is a compilation of non-profit corporations, groups, organizations, services clubs, and service providers operating in Crow Wing County.

This reference manual is always accepting more information. If your organization fits into one of our headings, please call or email us with your information so we can keep our CARE directory up to date.

**Brainerd Community Action**  
213 S. 5th Street  
Brainerd, MN 56401  
**Office:** 218.829.5278  
**E-mail:**  
holly@brainerdcommunityaction.org

## **Alzheimer's & Memory Loss Family Support/Resources**

14387 Edgewood Drive N  
Baxter, MN 56425  
Contact: 218-829-9238  
Toll-Free: 1-888-221-5785

Support group meets monthly at Good Neighbor Home Care. Provides education and support for those who are caring for loved ones who have chronic conditions such as Alzheimer's, Dementia, stroke or other disabling conditions.

## **Breath of Life Adult Day Service**

200 Buffalo Hills Lane E  
Brainerd, MN 56401  
Contact: 218-822-3296  
E-mail: bolads@brainerd.net  
www.bolads.org

Breath of Life Adult Day Service is located in the heart of Brainerd, Minnesota. Established in 2001 as a nonprofit organization, we provide an encouraging, caring, Christian atmosphere for senior dependent loved ones. It is a place for them to socialize with peers in a stimulating environment, helping the caregiver to maintain their own physical and emotional wellbeing.

The program includes daily activities, health monitoring, medication administration, assistance with personal care, nutritious meals and snacks, individualized care plans, companionship and socialization. Our hours of operation are Monday through Friday from 7:30 am through 5 pm. We accept private pay or financial assistance that may be available through long term care insurance, Veterans Administration, community service contracts or Minnesota wavered programs.

## **Care Giver's Support Group - Good Neighbor Home Health Care**

14387 Edgewood Drive N  
Baxter, MN 56425  
Contact: 218-829-9238  
Toll-Free: 1-888-221-5785

For caregivers of family members with memory losses and/or Alzheimer's Disease. Meets first Wednesday 1:30-3 pm at Baxter office.

## **The Center**

803 Kingwood St.  
Brainerd, MN 56401  
Contact: 218-829-9345  
Thebrainerdcenter.com

The Center offers a wide range of social and educational opportunities for seniors. TELE-CARE is a service for people who live alone and would feel more secure by having an outside contact each day. The volunteers make calls Mon-Fri (not holidays) between 11am and 1pm. For information or to sign up call the director of the Senior Center. They offer a noon meal that is served 11:15 – 12:15 M-F cost is \$4.00 for over 60 and \$7.25 under 60. We also offer meals on wheels if you are unable to join us (218-824- 6206). We also have a fellowship dinner and program held the second Monday of the month at 5pm \$8.00 per person (218-829-9345). Please check out our website for the full list of activities.

**Community Education – Brainerd #181**

804 Oak St.  
Brainerd, MN 56401  
Contact: 218-454-6900  
www.isd181.org

Broad range of educational opportunities for community members of all ages. 4 sessions. Two adult sessions are available. Sign up in September and February. Please call for information.

**Community Education of ISD #182- Crosby**

711 Poplar Street  
Crosby, MN 56441  
Contact: 218-545-8822  
[dsova@ci.k12.mn.us](mailto:dsova@ci.k12.mn.us)

Committed to lifelong learning! Early Childhood/School Readiness, Adult Education, Snack Attack-student run business and a variety of adult education programs are available.

**Community Education of ISD #186- Pequot Lakes**

30805 Olson St.  
Pequot Lakes, MN 56472  
Contact: 218-568-9352  
www.pequotlakes.net/school

Located in the Lakes Area Family Center. Programs include: Adult education classes published three times during the school year; Kid Konnection, Greater Lakes Area Performing Arts; and computer access for the community in the Eclipse Teen Center. Director Rick Spiczka

**Consumer Affairs Office**

Minnesota Public Utilities Commission  
1400 NCL Tower – 445 Minnesota Street  
St Paul MN 55101-2147  
651-296-3353  
1-800-657-3787 TDD/TTY toll free: 800-366-4812  
[www.ag.state.mn.us/Consumer/Complaint.aspconsume](http://www.ag.state.mn.us/Consumer/Complaint.aspconsume)  
[r.ag@state.mn.us](mailto:r.ag@state.mn.us)

**Council on Aging, Crow Wing County**

204 Laurel Street  
Brainerd, MN 56401  
Contact: 218-824-1140  
CWC Senior Advocate: Mary Anderson 800-333-2433

Consists of representatives of organized senior citizen groups in Crow Wing County. Coordinates programs that promote & safeguard the independence & well-being of older adults by providing: Leadership & consultation for groups of individuals; accumulate, tabulate & study data relating to older adults & their resources; & distribute information with regard to social, economic, health and housing needs.

**Crow Wing County Social Services- Aging Program**

204 Laurel Street  
Brainerd, MN 56401  
Contact: 218-824-1140

A variety of services including pre-admission screenings to evaluate an individual's current situation and preferences. Information and referral to community based home care services, senior prescription drug program, and nutrition and chore services. Sponsor RSVP & Senior Advocate program.

**Fifty-Five Alive Class**

Lakes Area Senior Center  
803 Kingwood St  
Brainerd, MN 56401  
Contact: 218-829-9345

Four Hour Defensive driving class for seniors. For 8-hour class call 1-888-227-7669.

**Foster Grandparent/Senior Companion Program**

PO Box 253 Brainerd  
Phone 1-877-612-6243  
[Marcia.Ferris@lssmn.org](mailto:Marcia.Ferris@lssmn.org)  
[www.mnseniorcorps.org](http://www.mnseniorcorps.org)

Foster Grandparents create and build relationships which nurture special and/or exceptional needs children under the age of 21 in schools, institutions and shelters. Seniors age 60+ receive a stipend, transportation and meal reimbursement for volunteering 10-20 hours per week. National Senior Service Corps.

**Little Falls Senior Center**

510 NE 7<sup>th</sup> Street  
Little Falls, MN 56345  
Contact: 320-632-8009  
[Littlefallsseniorcenter.com](http://Littlefallsseniorcenter.com)

The Little Falls Senior Center is a multi-purpose center providing health, education and socialization opportunities for seniors living in and around Little Falls. We also provide home delivered meals, please call for information or check out our website for other services we have to offer.

**LOLLY (Lots of Living Left Yet)**

6190 Fairview Road N  
Baxter, MN 56425  
Contact: Mary Anderson 218-828-9374  
[office@lollbaxter.org](mailto:office@lollbaxter.org)

A fellowship group for people ages 55 +. Meets on the third Wednesday of each month at Lord of Life for food, fellowship and interesting programs. Please call for more information.

### **Senior Companion Program – LSS**

#### **716 E Street**

Brainerd, MN 56401

Contact: 218-824-3740

Toll-Free: 1-888-205-3770

This program relies on seniors, 55 years and older, provide one-on-one support and visitation to homebound elderly at risk of nursing home placement, and one-on-one support and mentoring to children and youth in schools, shelters and Headstart programs. Volunteers are provided with financial reimbursement for transportation, meals and other expenses.

### **Senior Linkage Line**

Contact: 1-800-333-2433

senior.linkage@state.mn.us

An information and referral service line for the elderly.

### **Social Security Administration**

8331 Brandon Rd.

Baxter, MN 56425

Contact: 218-829-7174

Toll-Free: 1-800-772-1213

www.ssa.gov

Automated services available 7 am to 7 pm M-F except federal holidays. Baxter office open 9am-4pm M-F.

## **HOUSING**

### **Almond House**

802 28th St. SE

Brainerd, MN 56401

Contact: 218-825-9255

1-800-755-1458

assistedlivingcenter.com

At the Almond house residents get involved in a social setting that promotes their health and independence. Located just a few miles from hospitals, physicians, and local attractions in Brainerd. The seniors at our community are close to food, shopping, and activities.

Our staff has developed a relaxing, fun-filled lifestyle that lets you decide what kind of retirement you want to live. We combined active, fun-filled senior living atmosphere with available health care so you can enjoy social, yet secure lifestyle that full fulfills you physically, spiritually, and financially.

Our chef and cooking staff at Almond House are driven to constantly deliver quality meals that are great tasting and nutritious. The staff here are fully trained and accessible, they will help your loved ones enjoy their stay with us. Check out our website for more information

### **Bethany Good Samaritan Village**

804 Wright Street

Brainerd, MN 56401

Contact: 218-829-1407

www.good-sam.com

A non-profit Christian nursing home, Medicare and Medicaid certified, contracted with the V.A. 24-hour nursing care; physical, occupational and speech therapy; activity programming; social services; pastoral care; barber and beauty shop. Includes a unit for Alzheimer's Disease, a sub-acute unit, a residential memory care facility and a congregate assisted living facility. Inpatient and outpatient therapy services. Private rooms for short-term rehabilitation stays.

### **Carefree Living**

2723 Oak Street

Brainerd, MN 56401

218-829-8622

carefreelivingbrainerd.com spectrumhealthcos.com

Carefree living is a 65 unit assisted living community for seniors. Monthly rental is available and includes a beautiful furnished room, three meals a day, housekeeping and laundry services.

A planned program of activities, community events, and religion services are available for all seniors. Additional services such as beauty shop and home care services are provided at an extra cost to all residents. We also have a special Memory care service with 24 hour specialty trained staff. Check out our website for more information.

### **Cuyuna Regional Medical Center Long Term Care**

320 East Main Street

Crosby, MN 56441

Contact: 218-546-7000

A 130 bed long-term care nursing home residence with an "Eden Alternative" environment. A lively interactive community that includes pets & plants to engage residents and supplement a companionship environment of adults and children. Full ranges of medical services from attached Medical Center.

### **Dellwood/Edgewood Apartments**

300 Third Ave NE

Crosby, MN 56441

Contact: 218-546-5088

hra@emily.net

Independent living for singles or seniors and also is handicapped accessible. Now offering assisted living.

**Eldershare, Trillium- LSS**

315 South 6<sup>th</sup> Street  
Little Falls, MN 56345  
Contact: 218-828-4823

LSS Eldershare Homes is an assisted living facility. Assisted living facilities are an apartment style habitat designed to focus on aiding with daily living activities. They provide a higher level of service for the elderly which can include preparing meals, housekeeping, medication assistance, laundry, and do regular check-ins on the residents. Basically, they are designed to bridge the gap between independent living and nursing home facilities. When thinking about how to pay for care, assisted living facilities are generally less expensive than nursing homes, if assisted living is a viable option for your loved one.

**Hallett Cottages, CRMC (Memory Loss Housing)**

350 Fourth Street NE  
Crosby, MN 56441  
Contact: 218-546-6265  
[www.cyunamed.org](http://www.cyunamed.org)

Innovative senior housing for people in the early stage of memory loss disease. A home-like environment that has incorporated the "Eden Alternative" and nontraditional therapeutic approach to help residents nurture and cherish enduring memories.

**Harmony House**

218 9th St. SW  
Brainerd, MN 56401  
Contact: 218-828-4142  
Toll-Free: 1-877-728-4142  
[aclarson@horizenhealthservices.com](mailto:aclarson@horizenhealthservices.com)  
[www.horizonhealthservices.com](http://www.horizonhealthservices.com)

Supervised residential living for frail, elderly and those with memory loss. 24 hour supervision. Assisted living with home care.

**Housing and Redevelopment Authority, Brainerd**

324 East River Road  
Brainerd, MN 56401  
Contact: 218-828-3705

Affordable rental housing and services for families, seniors, single and disabled households. Services available include affordable rental housing (all bedroom sizes) and tenant-based rent assistance.

**Housing and Redevelopment Authority, Crosby**

300 Third Avenue NE  
Crosby, MN 56441  
Contact: 218-546-5088  
[Crosbyhra.org](http://Crosbyhra.org)

Low income housing for elderly, disabled, singles and families. Must meet eligibility requirements.

Senior housing services include mail delivery, noon meal, tenant activities and laundry facilities. Located near eye clinic, Central Lakes Medical Clinic and Cuyuna Regional Medical Center. Assisted Living program available.

**Housing and Redevelopment Authority, Pequot Lakes**

31203 N. Oak Street  
Pequot Lakes, MN 56472  
Contact: 218-568-4555  
[Pequotlakes-mn.gov](http://Pequotlakes-mn.gov)

Low income housing for senior citizens and young families with children. Must meet eligibility requirements.

**Indian Carry and Woodland Apartments**

21745 Indian Carry  
Deerwood, MN 56444  
Contact: 218-534-2912

Open to low-income seniors 62 or over. Handicapped accessible, independent living, and rental assistance is also available based on income.

**Mississippi Terrace Apartments**

215 SW 4th St.  
Brainerd, MN 56401  
Contact: Debbie 218-829-0274

For low income seniors and families. One, two, and three bedroom apartments available. Units are also handicap-accessible.

**North Star Apartments (Brainerd HRA)**

410 East River Road  
Brainerd, MN 56401  
Contact: 218-828-3705

Affordable one-bedroom apartments for seniors and disabled individuals and couples. Rent based on 30% income. On-site services include weekday meals, assisted living (health care, housekeeping), transportation, grocery delivery, on-site caretaker, security system, and organized resident activities.

**Woodland Good Samaritan Village Apartments**

200 Buffalo Hills Lane  
Brainerd, MN 56401  
Contact: 218-829-9433  
good-sam.com

The cost to live in the senior apartment varies based on the services and amenities. Service varies by location, and may include utilities, maintenance, housekeeping, meal programs, emergency response systems and transportation.

Residents of Good Samaritan Society – Woodland Senior living Apartments enjoy the individual attention they receive and appreciate the atmosphere of respect and dignity. Whatever your needs we will gladly work with you and your family to find the best fit.

Assisted Living services include 24-hour staffing, up to three meals a day, help with personal care, medication reminders, and full housekeeping and laundry services.

We also have Rehab/skilled care: Huntington's disease care, Memory care, Men's behavioral care, Post-acute rehabilitation services, Rehab/skilled care, Respite care, Special care unit, Traumatic brain injury care. Please check out our website for more information.

**HEALTH****Adult Foster Care**

CWC Social Services  
Contact: 218-824-1140

**Aitkin Medical Supply**

12 2<sup>nd</sup> St. NW  
Aitkin, MN 56341  
Contact: 218-927-3113  
Toll-Free: 1-800-488-9127

Please call for information concerning pricing, insurance options and medical supplies stocked.

**Audiology Services, Central Lakes Medical Clinic, P.A.**

318 East Main Street  
Crosby, MN 56441  
Contact: 218-546-7642  
Toll-Free: 888-420-2778

Audiology evaluations and hearing aid services.

**Good Neighbor Home Health Care, Inc. - Baxter Office**

14387 Edgewood Drive N  
Baxter, MN 56425  
Contact: 218-829-9238  
Toll-Free: 1-888-221-5785  
www.gnhomocare.com

A Medicare certified, state-licensed Home Health Agency offering skilled nursing, respite care, home health aides, personal care attendants, homemakers, IV therapy and therapy services. Available 24 hours a day, 7 days a week. Serves the areas of Pillager, Baxter, Nisswa, Pequot Lakes, Pine River, Emily, Crosslake, Aitkin, Brainerd, and many outlying areas. Assisted living in Brainerd & Pine River.

**Miricle-Ear Hearing Aid Center**

613 Oak Street  
Brainerd, MN 56401  
218-257-4080  
miricle-ear.com

**Hear Now**

800-328-8602 (ask for hear now)  
Hearing aids for \$125.00 each for those with no other means/payers. Please call or check there website for low income qualifications.

**Home Health Care/Hospice - St. Joseph's Medical Center**

523 N. 3rd Street  
Brainerd, MN 56401  
Contact: 218-828-7444  
www.sjmcmn.org

Home health care provided by nurses, therapists, social worker, aides and volunteers, based on individual patient needs. All care is directed by your physician and coordinated by our primary nurse or therapist.

**Hospice - CRMC, HomeHealth Partnership**

320 East Main Street  
Crosby, MN 56441  
218-546-2311  
Toll Free: 800-698-2311  
www.cyunamed.org

A HomeHealth Partnership Home Care Service. Hospice is a special way of caring for terminally ill people and their families in-home that stresses comfort, dignity and peace of the dying person.

**Lakes Area Interfaith Caregivers**

P.O. Box 654  
Pequot Lakes, MN 56472  
Contact: 218-820-9247  
Toll-Free: 1-877-245-7454

Nonprofit organization providing volunteers to meet unmet needs in the areas of transportation, home visits, homemaking, chore/repairs, and respite care for people in need throughout Crow Wing County.

**LSS Caregiver Support and Respite Program**

For Wadena and Todd counties: 218-233-7521  
For Cass and Crow Wing: 218-203-7312 or 218-821-4554

Bridget Allen - Respite Coordinator  
Mary.Smith@lssmn.org

This program covers a four county region with the intent of keeping family caregivers healthy and keeping senior living independently as long as possible. Respite workers are recruited, trained and matched with family caregivers. The caregivers are then able to take a break for exercise, friends, doctors visits, church, etc., while the respite worker stays with the person with chronic health conditions or the frail elderly, aged 60 or over. Caregiver education and support are also provided.

**Unity Family Home Care & Hospice**

815 SE 2<sup>nd</sup> St.  
Little Falls, MN 56345  
Contact: 320-632-5575

A full-service home care and hospice organization offering skilled nursing, home health aide and hospice services. Hours: 8 am to 4:30 pm

**YMCA**

602 Oak St.  
Brainerd, MN 56401  
Contact: 218-829-4767

Brainerdlakesymca.org YMCAdc.org>classes

They offer a range of low impact exercises for seniors. Classes range in aqua aerobics, lite cardio, senior yoga, and Silver Sneakers – aerobic dance and strength training class. Visit the website for more details.

**NUTRITION****Homestyle Direct**

866-735-0921

Please call for information – clients may order from a menu and frozen meals are delivered to their door.

**Mom's Meals**

866-971-6667

Private pay. Please call for more information. For those on waiver programs please call 866-204-6111. Clients order from a menu and two weeks of meals will be delivered to their door.

**Senior Dining Crosslake & Crosby**

Community Center  
14126 Daggett Pine Road  
Crosslake, MN 56442  
Contact: 218-692-4271  
Dellwood Center  
300 3<sup>rd</sup> Ave NE  
Crosby, MN 56441  
Contact: 218-546-5943

Home delivered and congregate meals. Serve mainly Seniors. Meals are served at the Community center. To make arrangements for Congregate and/or Home delivered meals please call site number. The suggested donation is \$4.00-\$7.25 per meal. No one will be turned away because of inability to pay. Contact 1-800-488-4146 for more information. We also deliver to Ironton and Deerwood.

**Senior Care and grocery shopping(CWCSS)**

1-800-488-4146

**Senior Dining (LSS)**

218-824-6026

Please call for more information

**Senior Dining, Pequot Lakes**

31203 N. Oak Street  
Pequot Lakes, MN 56472  
Contact: 218-568-4909

Home delivered meals and congregate meals to seniors 60 and over. Meals served at Sibley Terrace.

**Nutrition Assistance Program for Seniors (NAPS)**

Senior Nutrition Program  
P.O. Box 1886  
Bemidji, MN 56601  
Contact: 218-326-4420  
218-233-7521 (administrative offices)  
health.state.mn.us  
2harvest.org

**First Baptist Church**

7398 Fairview Road  
Baxter, MN  
Distribution for this site is the first Wednesday of the month 12:30-2:00pm

**Pillager Area Family Resource Center**

305 Fir Ave W  
Pillager, MN  
Distribution is the second Thursday after the first Tuesday of the month 1-5pm

**Cole Memorial Building**

4285 Tower Square  
Pequot Lakes, MN  
Distribution is the second Thursday after the first Tuesday 11:30-12:30

**Salvation Army**

208 South 5th Street  
Brainerd, MN  
218-829-1120  
Please call them for information on distribution. Through the Commodity Supplemental Food Program (CSFP), second Harvest Heartland provides a box of nutrition's food each month to low income seniors 60 years and over through the Nutrition Assistance Program for Seniors (NAPS)

Program participants are given a box of highly nutritious food. The packages may include canned fruits, vegetables, and juices, dry and UHT milk, American cheese, canned meat, peanut butter or dried beans, cereal, rice or pasta. Please check out our website for income guidelines or call 651-484-8241 or 800-365-0270 for more information.

**TRANSPORTATION**

**Abbott Northwestern Hospital Transportation Services**

800 East 28th Street  
Minneapolis, MN 55407  
Toll-Free: 800-258-1210  
www.abbottnorthwestern.allina.com  
Abbott Northwestern Hospital's transportation program provides van service to the hospital and affiliated metropolitan area physicians' offices for patients coming from Greater Minnesota and western Wisconsin. Offers a Park and Ride Plan for patients who live more than 40 miles from the hospital, and a convenient payment option where riders can pay for their van fee with a credit card, rather than cash or check. Please call for further information.

**Bay Lake Area Lions- Mobility Bus**

18257 State Hwy. 6  
Deerwood, MN 56444  
Contact: 218-678-9090  
Mobility Bus transportation for disabled in the Deerwood, Crosby, and Garrison Areas.

**Care Cab**

2600 North 7th St.  
St. Cloud, MN 56303  
Contact: 800-450-4227  
www.caretransportation.com  
Non-emergency transportation in an accessible van for anyone who has limitations which prevent them from using a common carrier (bus, taxi). Minnesota Medical Assistance provider.

**Medi-Van, Inc.**

Detroit Lakes, MN 56502  
Contact: 218-847-1729  
Toll-Free: 1-800-422-0976  
Email: imedivan@tekstar.com  
A professional, specialized transportation system designed to transport patients from their residence or nursing homes to scheduled appointments. Advance scheduling notice is recommended. Primarily for patients who have physical/mental disabilities (i.e. wheelchair-bound) and who have difficulty getting to and from appointments. Have ICC permission to transport across state lines. 24-hour, 7 day per week service. Our staff handles billing with MA, Health Plan, or the individual.