

Nutrition, Meal Sites & Food Shelves

The C.A.R.E. Directory (Coordinating Area Resources Effectively) is a compilation of non-profit corporations, groups, organizations, services clubs, and service providers operating in Crow Wing County.

This reference manual is always accepting more information. If your organization fits into one of our headings, please call or email us with your information so we can keep our C.A.R.E. Directory up to

Brainerd Community Action
213 S. 5th Street
Brainerd, MN 56401
Office: 218.829.5278
E-mail:
holly@brainerdcommunityaction.org

Aitkin Community Food Shelf - First Lutheran Church

Aitkin, MN
218-927-2028
218-839-1286

Please call for days and hours, as they change

Care and Share - Wesleyan Church

40141 State Hwy 6, Emily MN
Contact: 218-763-4673
emilyweleyan.org

They serve dinner every Wednesday night at 5 pm, everyone is welcome.

Cuyuna Range Food Shelf

302 Cross Ave NE
Crosby, MN 56441
Contact: 218-546-7444

The Community Center Food Shelf is open to all ages; service hours- second & third Wednesday of each month, 7:30-9:30 am

Crow Wing County Health Department

204 Laurel St. Suite 12
Brainerd, MN 56401
Contact: 218-824-1080
Toll-Free: 1-877-724-1080
www.co.crow-wing.mn.us/health/health.htm

Protect and promote health of general population by emphasizing prevention of disease, injury, disability and preventable death through promotion of effective coordination and use of community resources and extend health services to community. Pregnancy testing is available.

Crow Wing County Social Services

PO Box 686
Brainerd, MN 56401
Contact: 218-824-1140

Child protection assessment, services to children in need of protection, services to parents under 18, adoption, children's mental health services, licensing of foster care and day care homes and custody studies. Various medical programs, such as Medical Assistance, General Assistance Medical Care, Senior Drug Program, Minnesota Care, Elderly Waiver, TEFRA, Childcare Assistance and Employed Persons with Disabilities.

Crow Wing County Social Services – Income Maintenance

322 Laurel Street
Brainerd, MN 56401
Contact: 218-824-1250

To provide access to food stamps, medical, cash, and other assistance for the people in Crow Wing County and to determine continued eligibility for the recipients of these programs. Minnesota Family Investment Program (MFIP), General Assistance (GA), Emergency Minnesota Supplemental Aid (EMSA), Minnesota Supplemental Aid (MSA), Refugee Cash Assistant (RCA) and Food Support Program.

Deerwood Community Dinner - Cascade United Methodist Church

22781 Black Lake Road
Deerwood, MN 56444
218-534-3507

We serve dinner on the second Wednesday of the month from 5:30-6 pm. Everyone is welcome. Please call to make reservations.

Deerwood Distribution

21502 Semler Road
Deerwood, MN
218-546-6523

They distribute the first Wednesday of the month. Please call ahead for pick up. Each package is \$21 – no canned goods – all fresh.

Dorothy's Rainbow

9535 Madison Street
Garrison, MN
320-692-5399

Provides food supplies on Tuesday and Thursday 1-5pm

Food Shelf, Bethlehem Lutheran Church

418 8th Ave. NE
Brainerd, MN 56401
Contact: 218-829-3330 (site)
Toll-Free:
office@belc.net
www.belcnet.net

Food from this site is available only through CWC Social Services. Call 218-824-1140 to be referred.

Food Shelf, Crosslake

34212 Cty Rd 3
Crosslake, MN 56442-3107
Contact: 218-692-1004

For Crosslake area residents. Service hours are the first and third Fridays, 5 am-noon

Food Shelf, Lakes Area

P.O. Box 724
Nisswa, MN 56468
29280 State Hwy 371
Pequot Lakes, MN 56472
Contact: 218-568-8474

Provides food supplies to Nisswa, Pequot Lakes and surrounding area families or individuals who are in need. Tues. & Thurs. 5 am-noon.

Food Shelf, Salvation Army

208 S. 5th Street
Brainerd, MN 56401
Contact: 218-829-1120

Open Tuesday through Friday, from 1-3:30 pm, by appointment, and the first 10 may receive food baskets. Walk-ins may be seen upon emergency need. Serves Fort Ripley, Brainerd, Baxter.

Lakes Area Growers Market

Highway 210 – Franklin Arts Center
Highway 210 – Viking Land Harley Davidson
Contact: 218-829-3214

Farmer's Market open May through October. They are open 8-12. Tuesday's - Franklin Arts Center and Friday's - Viking Land Harley Davidson. Locally grown plants, bulbs, vegetable, meats. Many different vendors.

Nutrition Assistance Program for Seniors (NABS)

Senior Nutrition Program
P.O. Box 1886
Bemidji, MN 56601
Contact: Sandy 218-326-4420 ex:22
sandy@secondharvestnfcfb.com
218-233-7521 (administrative offices)
www.secondharvestnfcfb.com

To register, call Sandy or you can register on site.

First Baptist Church

7398 Fairview Road
Baxter, MN

Distribution for this site is the 1st Wednesday of the month 12:30-2 pm

Pillager Area Family Resource Center

305 Fir Ave W
Pillager, MN

Distribution is the second Thursday after the first Tuesday of the month 1-5 pm

Cole Memorial Building

4285 Tower Square
Pequot Lakes, MN

Distribution is the 2nd Thursday after the first Tuesday 11:30-12:30

Emily Food Shelf

20948 County Rd 1

Emily, MN

3rd Wednesday 9:30 – 11:00 a.m.**Ruby's Pantry**

1115 Wright Street

Brainerd, MN 56401

Second Tuesday of the month, 11-12:30 pm. Doors open at 10:30. When you arrive at the distribution center for the first time you will need to register and then sign in. This is a simple registration that requires no documentation. After the first time you will need to simply sign in. The \$20 is paid first, then your registration form is handed in/signed and you will be given a number.

Then you wait until your number is called and you will go through a line where the food is then placed in your boxes. Although you do not have to take anything that you do not want, we encourage you to take it and share it with your family and friends. There will be help carrying your boxes to your car. Often families will leave with over \$100 or more worth of groceries.

Salvation Army

208 South 5th Street

Brainerd, MN

218-829-1120

Please call them for information on distribution. Through the Commodity Supplemental Food Program (CSFP), second Harvest Heartland provides a box of nutrition's food each month to low income seniors 60 years and over through the Nutrition Assistance Program for Seniors (NAPS)

Program participants are given a box of highly nutritious food. The packages may include canned fruits, vegetables, and juices, dry and UHT milk, American cheese, canned meat, peanut butter or dried beans, cereal, rice or pasta. Please check out our website for income guidelines or call 651-484-8241 or 800-365-0270 for more information.

Salvation Army - Food Shelf

208 South 5th Street

Brainerd, MN 56401

Contact: 218-829-1120

Open Tuesday through Friday, from 1-3:30 pm, by appointment, and first 10 people will be able to get food baskets. We usually have daily free items in the waiting area: bread, fruit, and vegetables depending upon the season.

Sharing Bread Soup Kitchen

923 Oak St.

Brainerd, MN 56401

Contact: 218-829-4203

pastorbob@sharingbread.com

www.sharingbread.com

We are a non-denominational, non-profit Christian organization that opens its doors to all who come with no questions asked. Our mission is to demonstrate the love of Christ by providing meals to the hungry of our community. We will seek to treat each guest as if he or she was Christ Himself. Through this act of love, we hope to provide spiritual and emotional as well as physical sustenance. We serve dinner from 5:30 to 6 pm Monday through Saturday and lunch on Sundays from 12:30-1:30 pm. Call about holidays. Volunteers prepare and serve meals.

WIC Program-Crow Wing County Public Health Department

204 Laurel St., Suite 12

Brainerd, MN 56401

Contact: Bethany, 218-824-1073

Toll-Free: 1-877-824-7484

bethany.mayer@crowwing.us

A supplemental nutrition program for women, infants and children. Nutrition education is provided monthly through one-to-one counseling. Appropriate referrals are made to other health care providers or financial assistance agencies. Vouchers for certain foods and formulas are issued to qualified applicants which are redeemable at participating grocery stores.