



Join the Team...  
Help Complete  
the Paul Bunyan  
State Trail

**10<sup>th</sup> Annual Bike Ride with Jim  
Congressman James Oberstar  
The Paul Bunyan and Heartland State Trails  
Hackensack to Walker, MN – 25 miles  
Sunday June 3, 2007  
Hosted by Paul Bunyan Trail Association  
and Brainerd Community Action**

**ITINERARY**

- 8:00 AM Meet at Hackensack Chamber. Coffee, juice and rolls provided by Hackensack Chamber Mile post 50.
- 9:00 AM Leave Hackensack – Ride begins
- 9:30 AM Arrive shelter at Chippewa cut across. Mile post 58. Eight miles to connection to Heartland State Trail at Golden Spike. Parking lot, toilets, and water available. 7 miles from Golden Spike to Walker.
- 11:30 AM Arrive Walker City Park. End of official ride. Optional Walleye fish-fry on the shore of Leech Lake. (RSVP to [www.leech-lake.com](http://www.leech-lake.com) 800-833-1118 \$6.00). Hosted by Leech Lake Area Chamber, Walker Lions Club and Rotary. Live music by Paul “The Bike Guy”.

NOTE: All times subject to change. The ride will take place rain or shine. Chamber members, community and elected officials not on ride are welcome to join the riders at Hackensack, Golden Spike, or Walker.

Complimentary beverages at rest stops: Warrior Natural Spring Water.  
Riders are encouraged to ride all or any section. This is an informal casual ride. No registration fee required. Each participant is on their own. There is no sag wagon or shuttle service provided. One way ride distance – 25 miles

FOR ADDITIONAL INFORMATION CONTACT BRAINERD COMMUNITY ACTION – 218-829-5278  
[www.brainerdcommunityaction.org](http://www.brainerdcommunityaction.org)